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A Report on “NECK PAIN (CERVICAL SPONDYLOSIS)”

Cervical spondylosis is a common problem which causes neck pain. It is a degenerative disorder common after fourth decade, in which there is abnormal wear on the cartilage and bones of the neck. Cervical Spondylosis can be correlated with Manyastambha in Ayurvedic prospective. In Ayurveda, due to Vata Prakopa, people are more likely to suffer from many of Vataja Vikaras, among those Manyastamba is commonly noticed. So a camp on neck pain (Cervical Spondylosis) has been organised by Panchakarma Department on 25/11/2019 and 26/11/2019.

The camp was inaugurated by Dr. M. M. Salimath Principal, BVVS AMCH, Bagalkot on 25/11/2019. Addressing the patients, sir explained about role of modified modern life style, ageing process etc in manifestation of Cervical spondylosis.

Dr. J.P.Girisagar, HOD, Dept. of Panchakarma addressed the patients and explained regarding the Panchakarma treatments in neck pain conditions. Dr.S.G.Iddalgimath, Dr.P.V.Narboli and Dr.Ajith , specialized consultants of Panchakarma have examined the patients, educated the patients about disease and given the treatment. The camp was successfully completed on 26/11/2019 and around 18 patients participated in the camp and got benefitted.

