



BVVS Ayurved Medical College & Hospital,
Bagalkot – 587 101, KARNATAKA
Department of Swasthavritta and Yoga



SUYOGA – 2020



National Level Online Activities on the eve of
INTERNATIONAL DAY OF YOGA -2020
21st June, 2020

**YOGA AT
HOME AND
YOGA WITH
FAMILY**

From 18th to 20th June, 2020

1. 18/06/2020 @ 9AM-5PM : Quiz on IDY Awareness
2. 19/06/2020 @ 9AM-5PM : Essay on Role of Yoga in COVID-19
3. 20/06/2020 @ 9AM-5PM : Solo Yoga performance (with or without music 3-5 min)

- ♣ Registration Link will be provided on the respective date of the event at 9AM
- ♣ Email.ID: bvvsamch2012@gmail.com Website: www.bvvsayurved.ac.in
- ♣ e-Certificates will be provided to participants upon submission of online activities.

With Best Compliments

Shri. Siddanna S. Shettar
Chairman, Governing Council
BVVS Health Institutes, Bagalkot

Shri. Mahesh N. Athani
Hon.Secretary,
B.V.V. Sangha, Bagalkot

Dr. Veeranna C. Charantimath M.L.A.
Chairman,
B.V.V. Sangha, Bagalkot

Dr. Ravi B. Hosamani
HOD

Dr. Mahantesh M. Salimath
Principal